

## The Power of 10 and Your Random Act of Kindness

We've all been touched by a serious health issue, either through our own illness or that of someone close to us. It can bring difficult circumstances our way – but with help, we've managed to get through it.



Imagine what it would be like if you or the one close to you didn't have access to the medical care that was needed. This is a reality for many today.

Now, imagine what it would be like if you could change that for someone. Imagine, too, the change that is possible if individuals, like you, do something to make a difference.

There is a tiny volunteer non-profit that is making a difference in the lives of people who have nowhere else to turn. Volunteer doctors and nurses are providing free medical care to people in the

greater Hartford area towns who have no health insurance.

Not only are they diagnosing previously ignored chronic conditions like hypertension, diabetes, and asthma – they are also providing the free medications they need to manage their illnesses and actually get better. There is no other organization that is contributing to the health and wellness of a community in this same way.

**Here's how you can help: Please pass this message along to another 10 people.**

The Malta House of Care has provided over 8,000 free patient visits over the past 2.5 years to those who do not have the luxury of health insurance. This year, they plan to complete another 5,000 patient visits; all to people who have nowhere else to turn. The Malta House of Care needs help paying for the cost of prescription medications for these patients. The average monthly cost for a prescription is about \$25. A tax-deductible gift of \$100 will provide one patient with an average of 4 months worth of the prescription that's needed. A tax-deductible gift of \$200 will help with 8 months...and a tax-deductible gift of \$300 will provide for the prescription for an entire year.

Try to imagine what your random act of kindness today can do for someone in need...

Now imagine what would be possible if 10 other people were to commit this random act of kindness...

Do it for yourself, or to honor someone you know...but please do it.

You will be making a huge difference in the life of one person and their family.

Your random act of kindness can be initiated by simply clicking on the [Donate Now to Help](#) link below...and by passing this message along to 10 more people asking them to do the same.

Together, we will make a difference, one individual at a time.

With gratitude,

The Malta House of Care Foundation



[Donate NOW to Help](#)